

IT'S EASY TO PICK UP DISEASE OVERSEAS



Combined Purified Vi Polysaccharide Typhoid and Inactivated Hepatitis A Vaccine

helps protect against hepatitis A and typhoid fever in a single shot.

HEADING FOR AN ADVENTURE? KNOW THE RISKS BEFORE YOU GO.

Canadians love embarking on adventures overseas, discovering new cultures and trying local cuisines, but certain activities place travellers at risk of serious illness. **Whether trekking off the beaten path or relaxing at a five-star resort, make sure to consider all travel risks before you depart**, especially when it comes to food and drink safety.

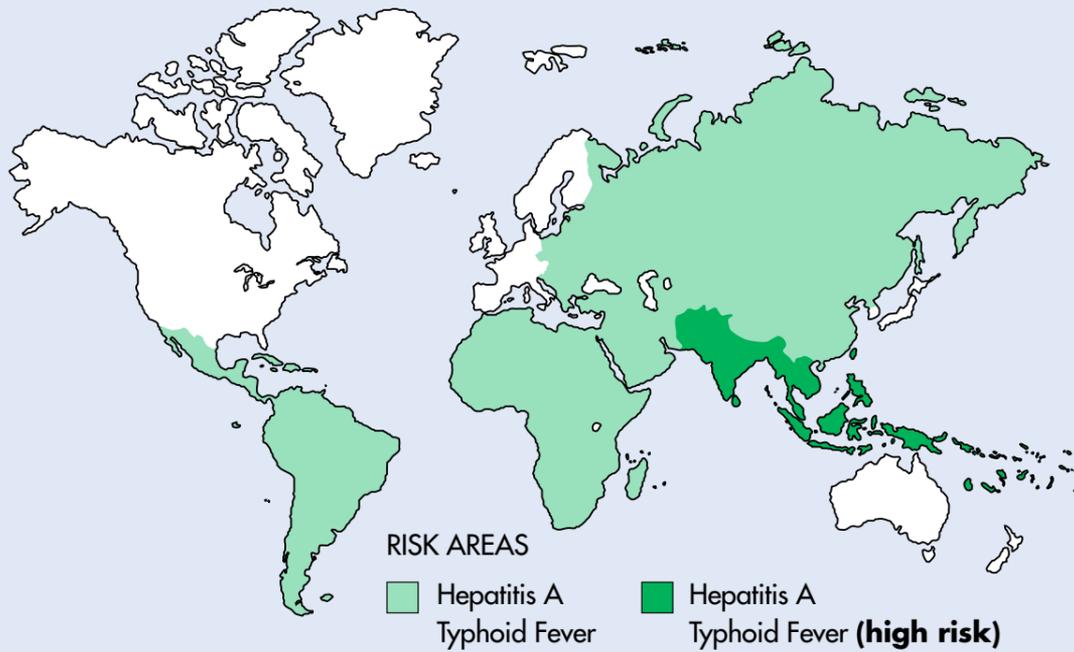
Travellers to many popular destinations are at greater risk of contracting **hepatitis A** and **typhoid fever**, diseases that are spread through contaminated food and drink. Both are common in endemic areas and can be easily spread when proper food-handling practices are overlooked.

Ask your healthcare provider about ViVAXIM® – the only vaccine that protects against both hepatitis A and typhoid fever in a single shot.

ViVAXIM® is indicated for persons 16 years and older, and should be given at least 14 days before exposure to both hepatitis A and typhoid fever.

ITINERARY CHECK: WHERE ARE TRAVELLERS AT GREATEST RISK?

Hepatitis A and typhoid fever share a number of risk areas, making combined protection with ViVAXIM® a convenient option for travellers to: **Asia** (except Japan), **Africa**, the **Caribbean**, and **Central and South America**.



HELP STAY SAFE AND TRAVEL SMART.

CHECK YOUR IMMUNIZATION HISTORY

Some travellers may have already received vaccinations for certain diseases such as hepatitis B as part of public immunization programs* – but hepatitis A and typhoid fever are **not** currently included in Canadian vaccination schedules.†

PLAN AHEAD

As with many travel vaccines, ViVAXIM® should be administered at least two weeks before your trip. It's best to prepare early and discuss immunization options with your healthcare provider a few weeks before your departure.

DON'T SPOIL YOUR TRIP

If you're visiting a hepatitis A or typhoid fever risk area, help safeguard your health with this handy checklist:

- Wash your hands with soap before meals
- Avoid ice cubes in drinks
- Avoid unpasteurized food
- Eat only foods that have been thoroughly cooked (e.g. piping hot)
- Choose bottled or boiled water for drinking or brushing your teeth
- **Protect yourself with one dose of ViVAXIM® at least two weeks before travel.**

* Canadian school-based hepatitis B vaccination programs began in 1987.

† Except in Quebec, where hepatitis A vaccine is offered in grade 4.



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5-STAR OR NO-STAR, THE RISKS ARE STILL THERE.

ViVAXIM® is a vaccine for the simultaneous prevention of infection caused by *S. typhi*, the organism that causes typhoid fever and hepatitis A virus (HAV), in persons 16 years of age or older. ViVAXIM® may be used as a booster vaccine in persons who received ViVAXIM® 36 months earlier and who require a hepatitis A booster and a repeat dose of typhoid vaccine.

For long-term protection against HAV, a booster dose of an inactivated hepatitis A vaccine should be given 6 to 36 months following ViVAXIM®.

1 DOSE helps protect against **2 DISEASES**, for up to **3 YEARS**.

For persons who remain at risk of typhoid fever, a repeat dose of typhoid vaccine should be given every 3 years.

The most common side effects are pain, swelling and redness at the injection site, headache, muscle ache and fatigue. As with all vaccines, ViVAXIM® may not protect 100% of individuals and does not treat existing infections.

For more information, visit www.sanofi.ca or access the product monograph at: products.sanofi.ca/en/vivaxim.pdf



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